

STEPWISE

New year - new discipleship course

Stepwise is the URC's new discipleship development programme, designed to be a key strand of Walking the Way, the Church's focus on whole-life discipleship and mission.

Stepwise is aimed at people of all ages and backgrounds keen to reflect on and develop their Christian faith and the Tab will run the first stream, Faith-filled Life, starting in February, meeting fortnightly.

The course will involve some group and some individual activity and reflection and will emphasise the importance of learning from your daily life - wherever you are and whoever God might be calling you to be.

Carole Allen has been trained as a course facilitator and would like to hear from anyone interested in taking part so a suitable date/time/location can be arranged (caroleallen28@gmail.com).

There will be a cost towards the course materials, to be agreed.



Tab Directory

We are currently trialling new software for Tab that will keep us GDPR compliant and assist with rotas and room hire etc.

We will be developing a new Tab directory in the next few months for members and friends of the church.

Interested in becoming a Church Member?

Please speak with Rev Simon
07443 568 242,
minister@dursleytab.org.uk



'And let us consider how we may spur one another on towards love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another'

Hebrews 10.24-25

Mondays 7.30pm

Meeting 2nd & 4th of the month at
29 Hill Road, Dursley GL11 4JQ
Contact Kathryn Palmer Tel: 542 381
k.j.joric@gmail.com

Tuesdays 7.30pm

Tuesday night house group usually meets over a meal at various locations from 7.30pm to 9pm. The meal is followed by bible reflection and prayer based around the IBRA Bible Notes.
New people welcome! Contact
Simon Helme smhelme@gmail.com

Wednesdays 7.30pm

Meeting 1st + 3rd Wednesdays at
2 Cedar Drive, Dursley, GL11 4EP
The group will be looking at chapter 7 of St Luke's Gospel in close detail. If anyone would like to join please contact
Peggy Tresise Tel: 543 161
ptresise@yahoo.co.uk

Wednesdays 7.45pm

A fortnightly group coordinated by Heidi heidinunn@yahoo.com primarily for friendship and support with some Bible study, prayer and discussion incorporated too. Everyone welcome
Contact Heidi Horn Tel: 07970 871 471

Wednesdays 8.15pm

Meeting fortnightly with Will & Theresa Barrett at 17 Burnt Oak, Dursley, GL11 4HD. New faces warmly welcomed!
Contact Will wmbarratt60@hotmail.com

Want to start a new housegroup?
Speak to Simon

Memory Café
Thurs 13th February
10.30am - 12.30pm



FEBRUARY CALENDAR

Tue 4th	Pastoral Elders	10.30am Chapel
Tue 4th	Prayer Group	9.30am Chapel
Wed 5th	Alpha Course	9.30am Quarry
Tue 11th	Prayer Group	9.30am Chapel
Tue 11th	Knitting Group	2-4pm Church
Thu 13th	Memory Cafe	10.30am Church
Thu 13th	Elders Meeting	7.30pm
Tue 18th	Prayer Group	9.30am Chapel
Tue 18th	Women's Guild	2pm Church
Tues 25th	Prayer Group	9.30am Chapel
Tue 25th	Afternoon Communion Service	2.00pm Church
Thu 27th	Area Meeting	2.00pm Warden Hill URC
Sat 29th	Synod Elders Day	10am Upper Room
Sat 29th	Saturday Cafe	10-12am Church

FEBRUARY WORSHIP

Sunday 2nd February 10.30am

Communion Service led by Revd Simon Helme

Theme: God's values, our values.

Readings: Micah 6.1-8; 1 Corinthians 1.18-31

Sunday 9th February 10.30am

Morning Worship led by Revd Simon Helme

Theme: Taught by the Spirit.

Readings: 1 Corinthians 2.1-12

Sunday 16th February 10.30am

Morning Worship led by Rod Irvine

Theme: God given growth.

Readings: Deuteronomy 30.15-20
1 Corinthians 3.1-9

6pm Taize Candlelit Service at the Quarry Chapel

Sunday 23rd February 10.30am

Morning Worship led by Liz Swanwick,

Preacher Steph Atkins

Theme: Glimpses of God.

Readings: Exodus 24.12-18; Matthew 17.1-9



Tab Cafe open on
term-time Wednesday
mornings 10am-1pm
New volunteers welcomed

CHURCH FLOWERS

We love flower donations!

If you're concerned about what your donation is being used for please talk to Martine Carter.

We regularly have floral donations from Marks & Spencer which often need adding to; any monetary donations in memory of loved ones/anniversaries etc will be kept to help fund arrangements for larger events like Harvest & Easter.

Cocoa farmers typically work gruelling days, but don't earn enough to provide the basics for their families or give opportunities to their children. One of the simplest ways to support cocoa farmers around the world, is by buying Fairtrade chocolate and cocoa. While this doesn't immediately solve all the issues, keeping up the demand allows farmers to sell more of their cocoa on Fairtrade terms thus increasing their income.

When you choose Fairtrade chocolate you are making a difference to farmers' lives.



Starts Wednesday 5th Feb
7.30 - 9pm
The Quarry Chapel
Cam Woodfields GL11 6JB

#TryAlpha



SEATED Exercise

WEDNESDAYS 1pm

A gentle chair based class aimed at improving posture, balance & strength.

Ideally suited for the over 60s, this 45 minute session is a great way to regain your fitness, at your own pace, in a warm & friendly environment.

Regular physical activity in later life is important for many reasons. Fundamentally not only will your health improve but it's also a social occasion, giving you the opportunity to meet new people.

Sessions running from 12th Feb

£5 per session

The Quarry Chapel, Cam, GL11 6JA

More info: thequarrychapel@gmail.com

- By strengthening your muscles, you reduce the risk of falls
- Aids in maintaining a healthy weight
- Improves thinking skills, boosts energy & mood levels

United Lent Services:

Opening the Scriptures 6pm

At Dursley Methodist Church

1st March Week One: *The Fire and the Name*

led by Rev Simon Helme

Focal Reading: Exodus 3.1-15

8th March Week Two: *And all the earth shall cry glory*

led by Fiona Crocker

Focal reading Genesis 1.1-2.4

15th March Week Three: *Face to face*

led by Rev Ian Gardner

Focal reading: Genesis 32.22 - 33.10

22nd March Week Four: *Heart to heart: sorrow and joy*

led by Rev Phil Summers

Focal readings: Various short passages from the Book of Genesis and Psalm 22

29th March Week Five: *Bound together in love & sacrifice*, led by Domenic Buccini

Focal reading: Genesis 22.1-18

Ecumenical Lent Groups:

Opening the Scriptures:

The Bible that makes your heart on fire

Wednesday 7.30 pm at 31 Cam Green, GL11 5HL

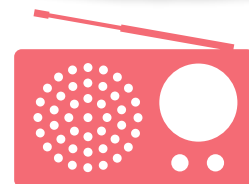
Contact: Beryl Gleich berylgleich@gmail.com

Thursdays starting 27th February at 7.30pm the Choir

Room in the Parish Centre behind St James Church. Contact Tony King phone 01453 298897 tonyking@gmx.co.uk

Fridays, 2pm from February 28th at the Quarry Chapel. Contact Simon Helme

Simon Helme will be on Richard Atkins Sunday morning show on BBC Radio Gloucestershire on February 9th 7.45-9am. Rise and shine!



Steve Cresswall from Gloucestershire County Council Fostering Services will speak about Christians fostering in our Sunday morning service on 9th February

St George's and St Cyr's will be running a Lent Course based upon the film *Les Misérables*. All are welcome to join us at St George's church, 7:30pm on Thursdays. Contact Rev'd Fiona Crocker

ROTAS	2nd Feb	9th Feb	16th Feb	23rd Feb	1st Mar	8th Mar
DUTY ELDER	Steve	Liz	Emma	Rod	Martine	Gareth
VESTRY ELDER	Rod	Emma	Clare	Gray	Liz	Steve
1ST READING	Carole	Kathryn	Hilary P	Peggy	Gill	Terry
2ND READING	Ronnie	Emma	Will P	John H	Vic	Caroline
AUDIO DESK	Dennis	Christine	David	Andy	Nathan	Rod
FLOWER ARRANGER	Joyce	Georgina	Maggie	Ronnie	Gloria	Christina
FLOWER DISTRIBUTOR	Hilary	Carol B	Ronnie	Maggie	Martine	Enid
WELCOME TEAM	Gareth Gray	Graham Hilary	Joyce Carol B	Martine Hilary	Carol B Alan	Maggie Ronnie
PRAYER TEAM	Jackie Gemma	Martine Steph	Peggy Elaine	John P Kathryn P	Gray Natalie	Gordon Jane
COFFEE ROTA	Sylvia Carole S	Rod Emma	Ron Gareth	Mike Gloria	Shona Rod	Sylvia Carole S
FAIRTRADE STALL	Bobbie	Michelle	Bobbie	David Clare	Ron Liz	Michelle
COMMUNION PREP	Martine				Caroline S	
COMMUNION SERVERS	Clare, Liz, Steve, Martine			Martine, Kathryn, Dennis, Gareth		

Looking for new opportunities to serve?

We are blessed with so many dedicated volunteers at the Tab, but all areas of our work would love to see new faces and some are in urgent need.

Help supporting our Sunday morning & evening youth work is sorely needed and extra hands to serve coffee after worship would also be much appreciated.

If you would like to help but are not sure where, please contact Simon (minister@dursleytab.org.uk) and he will do his best to find a role that fits.

Thank you!



Junior Church	2nd Feb	9th Feb	16th Feb	23rd Feb	1st Mar	8th Mar
TAB TOO LEADER	Bobbie	Bobbie	Carolyn	Emma	Bobbie	Aimee
Tab TOO HELPER	Hannah	Barretts	Aimee	Jo	Barretts	Jackie
Flexi Helper						
Creche	Michele	Carol B	Jane L	Karen	Carol & Alan	Debbie
Tab Youth Leader	Steph	Rod	Steph	Rod	Steph	Rod
Tab Youth Helper	AM Heidi PM Rod	AM Gordon PM Heidi	AM Liz PM Emma	AM Heidi PM Rod	AM Gordon PM Heidi	AM Liz PM Emma